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OFFICIAL PUBLICATION OF U. S. ARMY GENERAL HOSPITAL, NO. 3.

Volume I.

Rahway, N. J., February 7, 1919.

No. 11

Ruling On Uniforms For Discharged Men

Enlisted Soldiers May Wear Issue Suit Only--Officers On Ceremony

Enlisted men, discharged from the Army, will not be permitted to wear specially tailored uniforms—they may wear only the uniform which they have been permitted to retain. Officers may wear their uniforms only upon occasions of ceremony.

This is the gist of a circular by order of the Secretary of War, made public January 25. The circular says:

Present law authorizes a discharged officer or soldier to wear his uniform from the place of discharge to his home, within three months of the date of his discharge from the service. Thereafter the officer may wear his uniform only upon occasions of ceremony.

The enlisted man must return his uniform within four months of date of discharge; but can wear it only as stated above.

An act is now before Congress, which if passed, will authorize enlisted men to keep the uniform which they are permitted to wear home, and to wear that particular uniform, only, provided some distinctive mark or insignia to be issued by the War Department, shall be worn.

It will thus be clearly seen that neither under existing or proposed law will a discharged soldier be permitted to wear uniforms made by civilian or other tailors. They may legally wear only the particular uniform which they have been permitted to retain.

Commanding officers of camps, posts and stations will give the widest publicity to this information, both among the soldiers of their commands and in the local press. No person will be permitted to solicit orders for, or deliver uniforms to soldiers about to be discharged. Persons or concerns persisting in selling uniforms to such soldiers, after having been warned not to do so, will not be permitted to come on or do business on the reservation.

ATHLETIC NOTE.

Mrs. Bates, of the Physical Therapy Department, did her share toward defeating Jimmy Condos by entertaining Sergeant Maximoff and trainers with a quart of ice cream and almonds, at the Mercy House one night last week.

The job you want. Read about it in the Vocational Library at the School.



Dinner-Dance By the J. W. B. Makes Big Hit With Men

New K. of C. Building Soon To Be a Reality

The "Lucky Fifty" still are talking of the fine party they had in Plainfield on the evening of January 29 when Rabbi Reichert, of the Jewish Welfare Board, gathered them into motor busses and took them to an elaborate dinner-dance. A group of Plainfield ladies were the hostesses, acting under the auspices of the J. W. B., and they accomplished the job of entertaining in a fashion that appears to have established a record.

The party was held in Columbus Hall, the dinner being served in the basement while the upper floor was used for dancing. The hospital delegation was composed of patients and detachment men, all of whom had brought their best appetites and were prepared to do justice to the course dinner. There was an address of welcome by Judge Newcorn, after which Rabbi Reichert delivered an eloquent and timely address on the pleasure the Plainfield residents felt in entertaining the soldiers. A few of the guests were called upon for responses, among the number being Sergeants Durning, Conway and Maslon.

When the men reached the ball room they found a bevy of youthful partners awaiting them and also a jazz orchestra that was in rare form. The dancing program was interspersed with song and dance numbers, some by the members of the Elizabeth Army and Navy Social Club and others by professionals from vaudeville.

Expressions of appreciation have been plentiful since the party and it is certain that Rabbi Reichert will be swamped with signers the next time he appears with an invitation list to Plainfield.

That the men of this hospital are to have no end of good entertainment and that their spare moments are to be well looked after was definitely assured when it was learned that the Knights of Columbus are to erect a new building, modern in every respect, and to be equipped to answer the wants of the boys.

Secretary Joseph Ungerer, who has recently arrived from New Haven, has taken charge of all the activities now under way. Already the consent of Col. Upshur has been received and the plans in general have been approved by Captain Smith, of the Constructing Quartermaster's Office.

The site of the new structure is to be directly behind the present K. of C. building. It is planned to have the building a modern fireproof structure, the outer covering to be of asbestos shingles. One hundred by seventy feet is to be its dimension with a screened porch on the two sides and front.

The features of the new clubhouse will be seen in a large floor to be approximately the length and width of the building. Here they may hold all athletic events, such as Basket Ball, Indoor Track meets, etc.; and when the occasion arises this same floor may be used for dancing. A lounging room, writing room, a room for billiards and pool, a Secretary and Chaplain's office and a Chapel constitute the remaining features of the building.

Bids for its construction are now being received from the contractors and from all indications work will be started in a few days.

Night of Athletics Brings Out Talent

Number of Interesting Events, For Prizes, Held in Y. M. C. A. Auditorium

If Jim Thorpe, of Olympic fame, could have peeked in at the Y. M. window last Friday night, we feel quite sure that he would have hid himself away and sneaked in a little training in order to tighten his hold on his famous All-Around title.

This may be a little bit exaggerated, however the Indoor Athletic Meet staged under the competent direction of "Chic" Burnham, the Y. M. C. A. director, surely brought out some hidden talent. While no Indoor records were endangered, the form shown by one or two of the boys bids well to mean something soon.

The first leg on the beautiful Silver Cup was won by Barracks 3. Individual honors went to Gillen, who piled up a point score of 16. Leonard was second with 11 points, and Evans third with 8 points.

Individual prizes were given in each event. The summary is as follows:

Chinning the Bar—Won by Leonard, 13; second, Gillen, 11; third, Bulliard, 10.

Potato Race (final heat)—Won by Evans; second, Seitz; third, Leonard.

High Jump—Won by Gillen, 5 ft.; second, Evans, 4 ft. 8 in.; third, Witt, 4 ft. 6 in.

Standing Broad Jump—Won by Witt, 8 ft. 3 in.; second, Gillen, 8 ft. 1 in.; third, Hinkle, 7 ft. 9 in.

Rope Climb—Won by Leonard; second, Hinkle.

Obstacle Race—Won by Gillen; second, Hinkle; third, Bulliard.

Overseas Caps are "In" Again May be Kept After Discharge

It was good news for the men to hear that the may wear and keep their overseas caps. The nobby headgear meant much to the Boys and they were not keen to obey the first order which required them to don the old campaign hat. Now the War Department has put out a new order allowing the men to wear overseas caps:

1. So much of section II, Bulletin No. 49, War Department, 1918, as prohibits the wearing of overseas caps by troops having just returned from service overseas is rescinded.

2. These caps will not be turned in, but the troops will wear them until discharged and will retain them for their headgear after discharge.

Instruct Men About Health Before Discharge From Army

Every man mustered out of the United States Army will carry with him knowledge of how to preserve public and personal health. The office of the Surgeon General of the Army has prepared a series of talks which will be given by specially selected medical officers to all the men before they are mustered out. These will teach the proper care of the body, how to protect against communicable diseases, the value of inoculation against disease, prevention of epidemics, general sanitation as applied to civil communities, and other subjects relating to health.

Not only have the men benefited by becoming habituated to personal hygiene and restraints from indulgence enforced by the Army, but the knowledge of measures to be taken for public health, it is believed, will result in the creation of a demand for improved community sanitation.

There are three of these talks. The first deals with the general question of sanitary measures. In this the importance of cleanliness of body and surroundings, the danger of overcrowding, of direct contact with communicable diseases, of insufficient ventilation, and unnecessary exposure during the period of temporary impaired vitality are emphasized and the proper corrective measures are made clear. The men will then be instructed on the advantages of inoculation against such diseases as typhoid and smallpox, and, in the case of men coming from the South, on the recognized treatment for the elimination of the hookworm, and the desirability of medical attention in cases of chronic malaria. This same talk will explain the methods of waste prevention and simple ways of preventing and destroying flies and mosquitoes which are recognized disease carriers.

The second talk deals with the subject of personal hygiene, and emphasis is placed on the value of eating in moderation and at regular hours, and some elementary facts about the benefits of various foods are explained. This talk also explains the value of regular sleep and exercise and pays special attention to the care of the teeth and personal cleanliness. The value of inoculation and prophylaxis is pointed out.

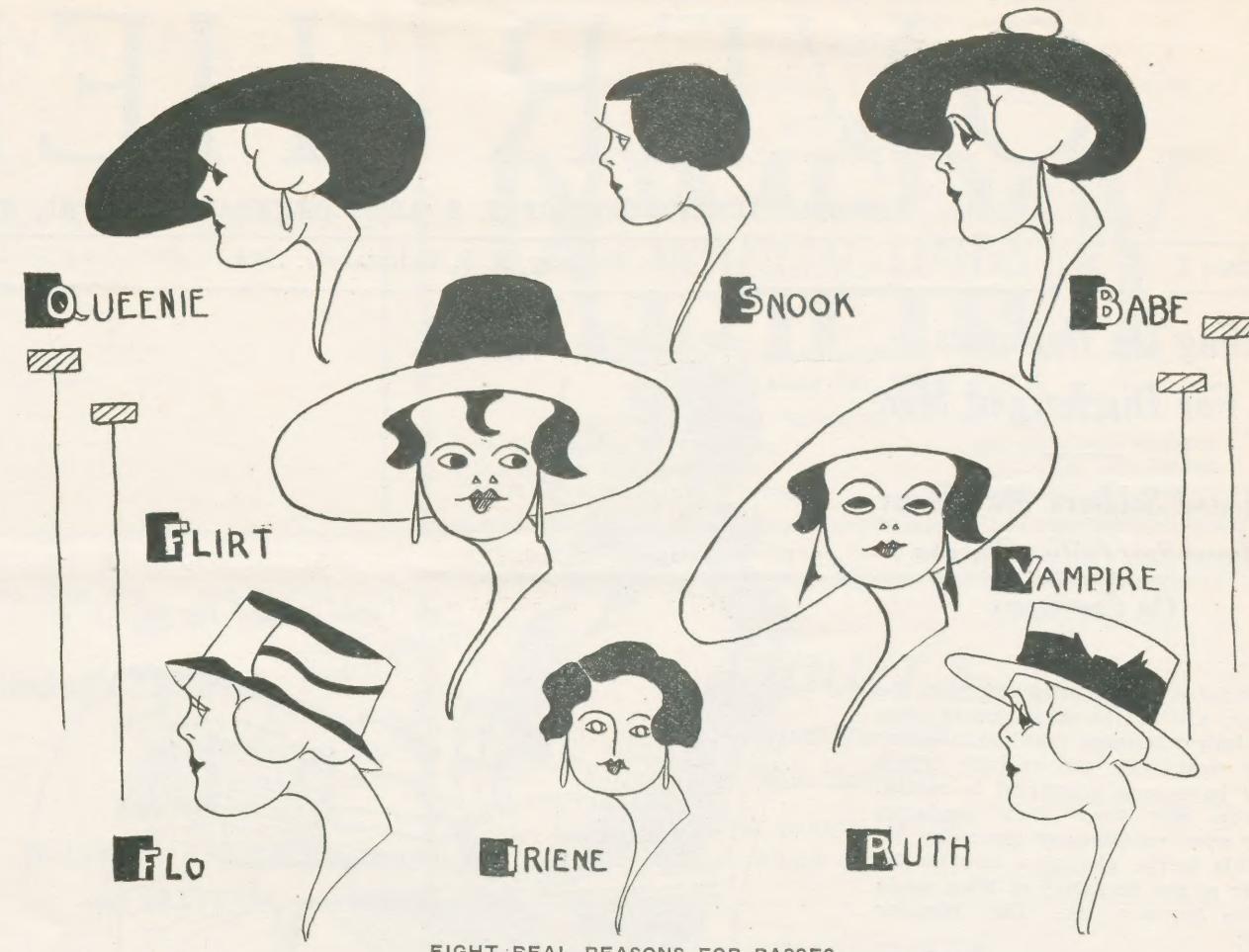
The third talk deals with general sanitary measures from a community standpoint, and the value of proper drainage and sanitation in and about the house against the spread of various diseases are strongly emphasized.

MARBURGER—NOLL.

Corporal John Marburger and Miss Elizabeth Noll were married in Reading, Pa., January 4. His friends learned of the wedding only recently and now the Reading delegation at the hospital is showering congratulations and best wishes upon their friend. Corporal Marburger is detailed to the Laundry and is well known among the Detachment men.

WAIT TILL HE SEES THIS.

Now that he Editor has gone on furlough, we'll get out a good paper.



EIGHT REAL REASONS FOR PASSES

* * * * * TO THE MEDICAL CORPS. *

When you talk about the Army
Be sure and make it plain.
There are many branches in it
And all are not the same.

All are there at marching,
So trim, erect and neat,
When "Company Halt!" is sounded
They stop like one pair o' feet.

But when it comes to scrubbing
floors
And policing up a ward,
And keeping cool when others rave,
Yo, Ho, the Medical Corps.

Each willing mother's son of them
Has sorely proved the test
For bravery, but at sight of pain
The Medics are with the best.

KNIGHTS OF COLUMBUS.

The Daughters of Isabella from Plainfield, N. J., assisted in giving a very enjoyable evening at the K. of C. last Wednesday. Sixty young ladies were present and an evening of dancing was very much enjoyed. Each girl came equipped with a box of lunch and during the intermission the dainties were disposed of.

Recently the Westfield Council of the K. of C. furnished a large evening's entertainment for the boys. Plenty of "eats" and "smokes" also played a prominent part in the order of the evening.

The K. of C. is very much indebted to Mrs. Quinn, of Rahway, for much valuable assistance in the equipping of the building. She has shown unusual interest in the welfare of the boys.

Books and periodicals on all trades at the Vocational Library at the School.

RED CROSS.

Last Thursday's Reception at the Red Cross House was indeed enjoyed by all. There was dancing and a goodly number of the Officers and friends made merry.

Sunday evening the Stage Women's War Relief furnished an evening of entertainment for the boys. The number enjoyed most and calling for the greatest number of bows was Miss Gertrude Ash, who rendered several negro folk songs in rare style.

An impromptu dance was given for the benefit of the patients on Friday evening. While it was enjoyed by all present a slight shortage of girls was quite evident. Those girls present were from the neighboring towns.

The Lambs Club of New York City, the famous theatrical club, has extended an invitation to entertain 49 of the patients with a Dinner and Entertainment next Saturday. This promises to be a rare treat, for the Lambs Club numbers some of the greatest entertainers on the stage today on its membership roll.

CAMP NOTES.

Private Simon A. Kolligan, who was recently transferred to General Hospital No. 9, at Lakewood, visited here Monday.

D. Ralph Starry, principal of the Intermediate School of Plainfield, N. J., visited the School Thursday.

Ryan, of the Fighting 69th, was at a show when a war picture of a rival regiment was shown. "Hey, Ryan," shouted a member of the rival regiment, "where was the 69th when this picture was taken?" and Ryan answered, "Winning the battle."

Tell your friends to subscribe to "Over Here." One Dollar for six months.

Half a Ton of Fudge

Coming From Plainfield

From Plainfield comes word of the establishment of a Fudge Fund. The object of said fund being to raise one-half a ton of this form of candy for the wounded boys here at this Hospital.

A rather huge task on the face of it, but after considering the fact that this is to be done by the Pond Works of Plainfield, its enormity soon dies away. The Pond Works is equipped with a large force of employees and already the various departments are organized into Fudge Teams with definite officers and with specified duties all aimed toward a common goal which will net one-half pound to each of the 2,000 patients here.

Enthusiasm runs high over the project and already the spirit of competition can be seen, by the formation of special teams.

The young ladies of the office force of the establishment will attend to the manufacturing of the luxury while the remainder will look after the furnishing of the ingredients.

It has also been arranged to donate the gross receipts of the Basket Ball game between the Hope Chapel and Pond Teams, January 31st, to the Fudge Fund.

Go to it hard, and may all teams win, if such a thing is possible. Your goal is a worthy one, and such a Fund will indeed be appreciated.

AIDE PROMOTED.

Florence Hight, who has been connected with the Educational Service since October 20th, has been promoted to the grade of Head Aide, to be effective February 1st, 1919.

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PLAINFIELD, N. J.

"OVER HERE"

Official Publication of

U. S. ARMY GENERAL HOSPITAL, NO. 3
Rahway, N. J.

Published Every Friday

By authority of the Surgeon General of the Army

Lieutenant-Colonel A. P. Upshur
Commanding Officer

Lieutenant John F. Reilly, Chaplain, Advisor

Sergeant W. E. Conway, Editor

Private Edward S. Bessman, Advertising Manager

All copy for Over Here must be in the hands
of the Editor not later than Saturday night of
each week.

Friday, February 7, 1919.

"THEY WERE ALL SOLDIERS."

One naturally thinks upon war in terms of cannon, long marches, slaughter and triumphant parades. Our youthful studies are replete with inspiring deeds of the heroic suffering undergone in the Revolutionary War; of General Sheridan making his famous ride in order to turn his men right-about-face into victory; of a Hobson sinking his boat in order to bottle up the enemy's fleet.

War, like athletics, conjures up a picture of strength, endurance and a physical straining to the utmost. We shout ourselves hoarse and dine and wine the great fullback who carries the ball over the line and makes sure the victory; but we give scarcely a thought to the coaches, the trainers, the managers and the hundreds of operatives who worked incessantly weeks in advance and who, on the day of conflict, watched the game with nervous apprehension and despair because they, too, were not fit to take an active part in the fray.

In the great war, as seen from our side of the ocean, there is perhaps no more keen chagrin being felt than that experienced by thousands of highly trained officers—commissioned and non-commissioned—who because of their very efficiency in the handling of men, were deprived of the opportunity of winning the gold chevron—on either or both arms. There is no complaint to be made, yet the feeling is unavoidable. They could not be spared because the cause of humanity needed America's millions, urgently and at once. They could not be spared because they had shown special ability in converting civilian material into soldierly ranks.

It will be of interest to hear what the Secretary of War has to say of those whose duties kept them in the States. It was uttered amid a scene of great impressiveness—the presentation of Distinguished Service Medals, and the Secretary's view of the situation is worthy of close attention:

"There is no rivalry of merit between the soldiers who were obliged to perform their services here and the soldiers who performed theirs abroad. They were all soldiers, and the first maxim of the soldier's calling is that

he does his duty to the best of his ability where those charged with the responsibility of final direction designate his duty to lie. That errors are made in those designations goes without saying, and it may very easily be that some men went abroad who might better have served at home, and that some served at home who could have served abroad with greater skill, but in the exercise of an impartial and uncolored judgment as was possible in the War Department, the best interest of the Nation was always the guiding principle, and as the result of our judgment a very large number of officers of the Regular Army of large experience were designed to do duties in this country. I, perhaps, more than anybody else, am qualified to speak with authority of the splendid spirit with which these orders were accepted, the superb energy, skill and devotion with which those duties were performed."

TO THE RELATIVES OF SOLDIERS AND SAILORS.

Your relatives serving with the colors will soon be back in civil life. They may be at home now. For your protection, and for their own, they undoubtedly have taken out insurance with the United States Government.

You should impress upon your relatives in the service the vital importance of keeping their insurance with the United States Government. Write to them without delay—or tell them personally, if you can—that they may retain insurance with the United States Government even after they leave the military service.

The privilege of continuing their Government insurance is a valuable right given to soldiers and sailors as part of the compensation for their heroic and loyal services. If the soldier or sailor permits his insurance to lapse, he loses that right, and he never will be able to regain it.

But if he keeps up his present insurance—by the regular payment of the monthly premiums—he will be able to change it later into a standard Government policy without medical examination. Many men will come out of the war physically impaired and will, therefore, be unable to obtain any life insurance protection whatsoever for themselves and their families, unless they keep up their present insurance with the United States Government. Uncle Sam's Insurance may be continued and converted into standard Government policies, regardless of the men's physical condition.

Impress these things upon your relatives in the Service. Tell them there is nothing safer or stronger than Government Insurance. Tell them to talk about this to their commanding officers and to the insurance officer at their place of duty, before they leave the service. Tell them to carry back with them to civil life, as an aid and an asset, the continued insurance protection of the United States Government. Tell them, for your sake and for their sake, to hold on to Uncle Sam's Insurance!

A MESSAGE TO MEN IN THE ARMY.

It cannot be otherwise than pleasing to the men in the Army to note the confidence with which the Secretary of War views them, as indicated in his recent message sent to all camps and hospitals. It is clear and explicit. It needs no comment, unless perhaps it would be the suggestion that all Army men read the message, bear in mind the appeal it makes and help maintain the splendid record established by the Army:

"Through hearty co-operation and discipline of the officers and men of the Army, the country has acquired a new respect for the uniform. You men have maintained your high standards, not only by soldierly conduct in the camps and bravery in the trenches, but in your regard for civilian ideals when on leave or furlough, and in this you have established a record new to all armies. I confidently expect you to maintain your standards throughout the trying days of demobilization when the tendency to throw off army discipline and restraints will be strong. I am counting on you by your own acts and by your influence to keep up the record of which you and I and our whole country are so proud."

IN THE GARDEN OF HERO HEARTS.

In the beautiful Garden of Hero Hearts
Grows a Shamrock, a Lily, a Rose,
Each in war's drama held hero parts;
And each of them vanquished their foes.

There's a beautiful Garden of Hero Hearts,
In the midst of the Bois de Belleau;
And one where the Forest of Argonne starts,
And one where the Marne doth flow.

In the Garden of Hero Hearts one day,
Where the bloom of the Heather is best;
Bronzed by the sun and the salt-sea spray,
A Maple-leaf fluttered to rest.

In the Garden of Hero Hearts there grows,
Our beautiful gift from God;
Twixt the white of the Lily and red of the
Rose,
Gleams America's Golden Rod.

—J. WATSON.

If Mr. Schwab is really looking for \$100,000 men let him examine a few of the letters being offered by men who want an immediate discharge from the Army.

It's going to be a sad blow to fond mothers when their boys come home and refer to the banquet as "mess."

What will the discharged officers do with their spurs?

Our League of Nations may be seen and heard any morning at roll call.

This May Be Your Chance To Recover Lost Baggage

A "lost-baggage" section has been established in the Embarkation Service, with the main office at Washington and a branch office at the port of embarkation, Hoboken, N. J.

The function of the new section will be to handle all matters pertaining to lost or stray baggage belonging to members of the American Expeditionary Forces, particularly such baggage as may be returned to the United States from overseas, to record and take prompt care of all such baggage, and to take the necessary steps to restore it to the owners.

The port of embarkation, Hoboken, has been designated as the only point to which lost baggage should be shipped from overseas. All such baggage will be held at Hoboken until finally disposed of. The "lost-baggage section" will deal with baggage pertaining to the American Expeditionary Forces and not with baggage lost in ordinary movements in the United States.

Any person interested in the recovery of baggage belonging to members of the American Expeditionary Forces should communicate the facts to the baggage officer, port of embarkation, Hoboken, N. J.

NEW RULES ANNOUNCED FOR HANDLING OF MAIL

The following rules for handling mail at this Hospital were issued by the Adjutant upon the order of the Commanding Officer:

The following rules for handling mail at this hospital are published. They will be complied with by all concerned:

A mail orderly will be provided for each ward, barrack or other building where mail is delivered.

Mail of all kinds that cannot be delivered for need of better address will be turned over to the Hospital authorities to provide same, in case of patients this mail will be delivered to the Registrar.

All mail will be delivered to orderlies. Mail that cannot be delivered by orderlies should be returned at once for forwarding or such other action as may be necessary.

Registered articles will be delivered to orderlies who will receipt for same. Where delivery cannot be made, article should be returned at once and so noted on the receipt signed by the orderly and the final disposition of the article also noted on the receipt.

Special deliveries will be delivered to an orderly who will receipt for same. Where delivery cannot be made, article should be returned at once and so noted on the receipt signed by the orderly and the final disposition of the article also noted on the receipt.

C. O. D. matter should be delivered to the addressee upon proper identification and payment of the amount due. Notice of C. O. D. matter should be sent by mail orderly to addressee.

Mail for those on furlough or sick leave, when time warrants, should be forwarded. If leave terminates within seven days, mail should be held and placed in a separate pack



PRIVATE WILSON
Sharp Shooter, Roper, Knife Thrower,
Contortionist

Private First Class Raymond Wilson finds himself in great demand these days because of his versatility in entertainment. In the Army he is a tailor at the Laundry and he spends his working hours pressing clothes and making repairs. After hours, however, he may be found frequently at the Y. M. C. A., where he shows his skill in sharp shooting, knife throwing, roping and contortion work. He has been in the show business since he was eleven years old and has trooped with the Buffalo Bill and the 101 Ranch Shows. When he was transferred here from Camp Greenleaf he met his old partner, Private Fuqua, who was with him in vaudeville in 1914. Fuqua had the interesting job of holding pennies for Wilson to shoot out of his hand and of being the object at which knives are thrown. Private Wilson was declared champion fancy and dare-devil rifle shot of Oklahoma in 1911 and he won a similar championship in West Virginia in 1913.

NEW CHAPLAIN.

First Lieutenant John D. Leach has reported to this Post. Chaplain Leach has been transferred here from Camp Upton, where he had been assigned to the 12th Division, U. S. A. He is to assist Chaplain Reilly in his duties.

Two recent visitors at the Hospital were Doctors Louis Werner and Maurice Rose. Both have returned to their practice in civilian life.

Tell your friends to subscribe to "Over Here." One Dollar for six months.

for that purpose. Date when leave terminates should be marked on letter or article so that delivery can be made upon his return.

There will be two deliveries daily, 10 a. m. and 3 p. m., except Sundays and holidays when there will be but one, 10 a. m.

Officers in charge of wards and departments will designate the mail orderly from that department.

My First Dance On An Artificial Leg

Yes, it took courage to step out upon that polished ballroom floor. I'll admit that a tonsorial artist would have felt justified, after taking one glance at me, in suggesting a hair cut and shave, but that is to be expected when a soldier's pay day is nearly due; also there was a liberal portion of Jersey LePage's mud on my shoes, and my uniform was an "issued," which is nuff sed. However, all those were minor considerations beside the fact that I, who four weeks before, had been on crutches, was going to attempt my first dance upon an artificial leg. I say it took courage, but I want to say a word for the consummate nerve of the girl who coaxed me to try it with her—that was real patriotism.

The music was a jazz one-step. I felt full of pep, glided off with my left foot, then with my right—no, wait! it should be gliding, but it refused. I felt my right leg lift a weight, swing it forward, and drop it on the floor again. Where was the pep in that leg? There wasn't any. I felt that there was something hanging on there and when I placed my weight on it, I knew that it must be under me for I did not fall. Was I keeping time? Yes, I must be because my left foot came down on the right beat. Was that "peg" kicking the lady, or resting on her toes? She answered "no" when questioned. Did the people

SCHOOL NOTES.

Academic work in the wards is the latest department of the school to be developed. Beginning about a month ago with an occupational aide finding time to teach a few boys in her ward to read and write English, it has grown to an enrollment of more than a hundred men. The course has been enlarged to include Algebra, Geometry, Arithmetic, Architectural, Mechanical and Freehand Drawing, Book-keeping, English, English for Foreigners, Penmanship, Stenography, Typewriting, Telegraphy, French and Spanish.

Though the work is foundational in character it is the aim of the department to carry to any man confined to the wards any subject he may desire which may function in his future.

At the head of this work is Mr. J. W. Potter, of Wilkes-Barre, Pa., a school man of many years' experience. He is assisted by a corps of twelve aides and enlisted men who are anxious to co-operate with him.

The latest additions to this staff are Miss Elmina L. Eason, Charlestown, S. C.; Miss Harietta A. Pooley, Buffalo, N. Y., and Mrs. Janet E. Milligan, Elizabeth, N. J.

IN THE LABORATORY

Lieutenant Shamansky musing while peering through a Microscope: "This is an Acute Parenchymatous Nephritis."

Private Goldenring absent-mindedly sweeping the floor: "No, this is Friday."

Private Wilcox, of Wasserman Fame: "Beckmeyer, why is an Officer like a T. B. Culture?"

Corporal Beckmeyer: "I'm sure I don't know."

Wilcox: "Because you can't dispute 'im." Quick, the Phenol.

about notice that stick of wood hanging on me? No, I didn't seem to be attracting any particular attention. Well, perhaps then it didn't look as peculiar as it felt? No, for on the wall was a large looking-glass and there was my reflection and apparently I looked like a normal human being. All these questions were going through my head, but gradually I began to get confidence and relaxed my grip on the young lady enough so she could breathe.

Why really it wasn't half bad. Of course that "E-Z Fit" didn't have any pep in it, but there was plenty to spare in the good leg, and anyhow wasn't the girl a pippin, and didn't I have my arm around her, and wasn't I privileged to hold her just a little tighter than the fellow with two legs? Could I have done it if I had sat with the wall flowers? Not much. Did life look pretty sweet? It sure did. Was I downhearted? No!

Now you peg-legs profit by my experience; don't sit and watch the other fellows dance—go to it; it is like going under a cold shower; its hard to start but great after the first shock, and sure does put the old ginger in you. But take my advice, when you pick your partners pick 'em big, because the smaller they are, the harder your are liable to fall.

PROMOTIONS IN THE DETACHMENT.

A large list of promotions in the Detachment, Medical Department, was announced on February 1st by Col. Upshur. The list follows:

Sergeants appointed Sergeants First Class: Sergeant Gerson R. Cross, Sergeant Bertram T. Hathaway.

Corporals appointed Sergeants: Corp. Julius Gordon, Corp. Oscar B. Jones, Corp. Louis Karstendiek, Corp. Henry Osoba, Corp. Harold E. Turner, Corp. Serop H. Tavitian.

Private First Class William C. Fritchie appointed to grade of Corporal.

Privates appointed Privates First Class: Pvt. William F. Anoskey, Pvt. George W. Apgar, Pvt. Julius Benedict, Pvt. Donald H. Bladen, Pvt. Eddie C. Burris, Pvt. George Cloes, Pvt. Joachin Crisfulla, Pvt. Harry T. Davis, Jvt. William H. Deen, Pvt. Matthew S. Dougherty, Pvt. Charles Ensberger, Pvt. Walter E. Erickson, Pvt. John G. Flack, Pvt. Daniel Gillan, Pvt. John Henderson, Pvt. Harry E. Hurtler, Pvt. Charles O. Kniseley, Pvt. John W. Pennington, Pvt. Stadro Petrides, Pvt. Alphonse Seomboto, Pvt. Christopher F. Seitz, Pvt. Charles D. Sheffey, Pvt. Everett W. Strout, Pvt. Sidney Weil.

HEARD AT FIRE DRILL.

Chief Cohen (excitedly): Now, Brittain, you give me that ladder and I'll go to the back of the building.

Brittain: This Ladder is one thing I can't give you.

Cohen (angrily): Come on, Slim, that's not your Ladder.

Brittain: It's really not mine—just my Step Ladder.

Special Insignia Forbidden On United States Uniforms

Special distinguishing insignia adopted by various American divisions in France under authorization of the American Expeditionary Force must be abandoned when the divisions come back to this country to demobilize according to instructions issued by the War Department.

Further, any officer or enlisted man who comes back apart from his division or is detached at any time from it must at once remove the divisional insignia from his uniform, the War Department orders.

These instructions, the Army and Navy Journal points out, are due to the great abuse of the uniform, which has been largely confined to enlisted men decorating themselves with cords and arm ornaments of various designs and colors.

Ever since the troops started home in large numbers the War Department has been flooded with inquiries as to the meaning of the strange markings. The gold star of the first hundred thousand worn above the service chevrons to indicate that the wearer was one of the first 100,000 troops raised for overseas duty is unauthorized.

WARD ROOMERS.

Speaking of National Prohibition, Ward 4 harbors a man whose spirit is very much ruffled over the recent move. This disappointed one is "Whitey." He says, "First they send us to France, then they take our toys away from us."

Rogers of Ward 4 has recently blossomed forth as a Sailor; his fame along these lines having extended all the way to Shamrock City, Okla.

The latest news event of the social world is spoken when we report that on Saturday last Messrs. Kelly, Sullivan, DuPont and Rogers blossomed forth to a Dinner-Dance given at Engine House No. 33, Vesey St., New York. The minor expenses were looked after by Rogers who graciously paid a Taxi Bill of \$5.70.

Mike Sullivan conclusively proved his inability to talk Sunday night, when he told a group of social workers how the Boche had cut the tongue out of his shoe. Recently it was reported that he was in the Prudential.

Riggs has been entertaining Ward 19 by singing Quinn's latest song hit entitled, "Of all my wife's relations I like myself the best."

As Eddie Ryan wrote to his girl: "In my efforts to masticate our army beef ration, I think I understand what is meant by the expression, 'Sinews of war.'"

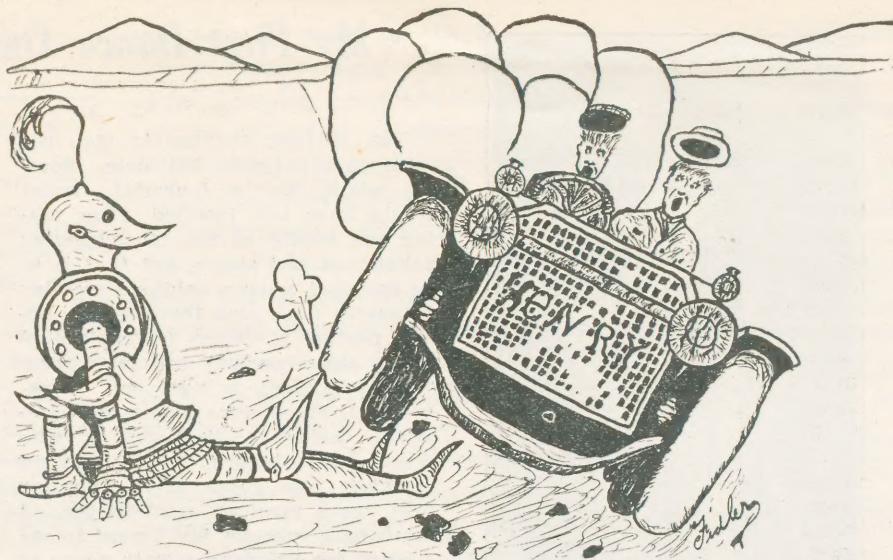
"From observation on trains in travelling, in waiting rooms and in other places," said Wakefield, "women seem obsessed with a lack of confidence in their back hair."

This rookie being examined for a non-commissioned officer was asked, "What do army regulations make the first requisite in order that a man may be buried with military honors?" "Death," was the quick response.

HEARD IN WARD 4.

Kelly: That Rogers man is a bad man to lend money. He owes me a dollar.

Sullivan: That's nothing, he owes Max-i-million.



BARRACK BUNK.

Jimmy Magee stood sorrowfully on the K. C. steps at the close of a girlie show and watched his fair friend depart on the arm of a rival. "Fickle damsel," said Jimmy, "you're as fickle as—as—as the time the Detachment mess hall opens or the Post Exchange closes."

It is rumored that camp clerks are to wear a black stripe for every pen they have incapacitated.

"We have the eight-hour system," said Sergeant Snowden, of the Q. M. C. "Eight hours in the forenoon and eight hours in the afternoon."

Well, You Don't Need To Get Sore About It.

Bruzelle (on guard): "Halt!"

New Guy: Halt, Hell! I'm half an hour late now.

Private Wilcox was saying goodby to his family at the railroad station in Schenectady. "Goodby, dad," he said, "don't fail to write, even if it's only a check."

SGT. MAXIMOFF TRAINS HARD.

Sergeant Maxim Maximoff, of the Physical Therapy Department, who is to wrestle Jimmy Condos at this Post one week from tonight, has put in a hard week's work and from present indications should be in the best of condition for the event.

Passersby on the Iselin road have often wondered as to the "why" of the big man running along the pike every afternoon. That Max hopes to give the boys at the Post a real treat is evidenced by his anxiety to be right when he faces Condos. In order to gain this end the smiling Sergeant is leaving no stone unturned and "hard work" is the keynote of his training.

Lieutenants Trowbridge and Morrison, who, in their college days did considerable wrestling, are showing more than a passing interest in the conditioning of Max.

Truly a rare treat is promised the boys of this Post when the Referee cries, "Let 'er go."

CHAPEL SERVICES.

1. WHAT? There are Chapel services at this post.

2. WHY? To help you to render to God the things that are God's.

3. WHERE? In the gymnasium of the Physical Therapy Building.

4. WHEN? On Sunday mornings. At 8:30 mass will be said for Catholics. At 10:30 Post services (undenominational) will be conducted.

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